



Our News Our Views

Created by People with a Learning Disability for the Learning Disability Community.

Edition 45 – **November 2018**

Special points of interest:

- How do you feel about what has gone on in Salisbury?
- Read all about Salters Hill.



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Salisbury Spy Story - By Peter Crum

On 4 March, a former Russian spy Sergei Skripal and his daughter Yulia were found seriously ill on a bench in Salisbury. They had been poisoned by a nerve agent, Novichok, in an attack "almost certainly" approved by the Russian state. The attack put them in hospital for weeks.



Police linked the attack to another poisoning in June in which Dawn Sturgess and her partner Charlie Rowley were poisoned by Novichok in nearby Amesbury, after handling a perfume dispenser. Ms Sturgess died in hospital in July.

Yulia was released from hospital on 9th April and her father was discharged on 18 May. Both were taken to a place they could hide.

Police are treating the case as attempted murder. Up to 500 people who visited the same places as them were told to wash their clothes and possessions.

Two Russian people called Alexander Petrov and Ruslan Boshirov, are suspects in the attempted murder. Police have worked out their movements by using CCTV.



The men said they were tourists, in the UK "to visit the wonderful town of Salisbury and see its famous cathedral". One investigation has claimed one of the men is actually a highly decorated military officer.

Russian president Vladimir Putin said the two suspects are civilians, not criminals. The Russian foreign ministry had previously called Mrs May's allegations "insane". Russia accused the UK of disgusting anti-Russian hysteria.

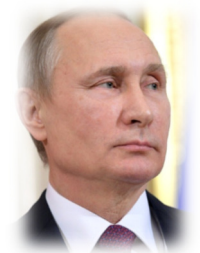
Colonel Skripal used to work for Russian intelligence but gave away his fellow Russian spies so was jailed in Russia.

Novichok means "newcomer" in Russian, and applies to a group of nerve agents developed by the Soviet Union in 1970's 1980's.

They can cause fits, shortness of breath, massive sweating and nausea.

The case is a bit like the 2006 poisoning of Alexander Litvinenko. The former intelligence officer died in London after drinking tea laced with a radioactive substance.

A public inquiry concluded that his killing had probably been carried out with the approval of the Russian President, Vladimir Putin.



Update from the editors



By Lisa
Perkins on
behalf of Our
News Our
Views

Thank you for sending in your articles. Sadly, nobody spotted the ball good luck with colouring the rocket competition this month. In this month:

- Lots of fun things to do in November.
- We take a look at a strange tale of spies.
 - We take you on lots of trips to inspire you.
 - A report on the community games.
 - We forgot to give you contact details on lads club advert—if you want to take part call 07876569428 or email nickbaker98@yahoo.com



I hope you enjoy our articles this month.

See you in December — deadline 7th November.

Women at War — By Lisa Perkins

During the War, Over 2000 women aged between 12 and 60 from the Carnia Region in North East Italy volunteered to act as “Portatrici” Or “female supply bearers”, carrying supplies to the Italian front line.

From August 1915 to October 1917 they risked their lives every day marching for hours between the depots and the front line, Carrying 30-40 kilos of supplies-Ammunition, food, medical supplies and equipment on the backs.



One of them, **Maria Piozner Mentil**, she lost her life at the age of 32. She was hit by a bullet in February 1916 and died of her wounds.

The “Portatrici” carried their loads in Cone-Shaped baskets with leather shoulder straps.

This basket is the symbol of female labour in Carnia, For each trip they made they were paid 1.5 lira that would be about £4 or just over £3 today.

They were all decorated with the knighthood of Vittorio Veneto. Maria was the only one to be killed.



In 1997 the Italian President Luigi Scalfaro, taking her as the symbol of all the “Portatrici” of World War, awarded her a gold medal for military valour, presenting the medal to her daughter Dorina.



Date	Time	What	Where	Detail/ Price
1 st 3 rd	7.30	My fair lady	Bromyard Conquest	Tickets £15
2 nd	6pm till 7.30pm	Fireworks	Hampton Court Estate Leominster	Under 4 go free Adults £10 Children 4 – 15
2 nd – 3 rd	7.30 – 10pm	Henry V By William Shakespeare	Hereford Cathedral	Tickets £25 – 35 Under 26 £10 Off
3 rd	6.00pm till 10pm	Hereford round tables Fireworks display	Hereford race course	£10
5 th	2-5pm	Malvern cube tea dance	Malvern 	£3 for details Contact The cube on 01684575363
6 th – 10 th	7.30 - 10pm	The Producers HMTC 	Hereford Courtyard	Adults £20 Children under 16 £18 Disabled person £18
16 th	7 – 10pm	Stay Up Late	Left Bank Hereford	£2 Contact Rose Hunt At Mencap
17 th	11.00am till 5.00pm	Christmas lights	Bromyard	Free
20 th	10am – 3pm	Christmas Gift Making Course	St. Martins Church	Contact ECHO on 01568620307
24 th	1-6pm	Christmas Lights	Ledbury	Free



Gloucester Canal Trip — Laura Joliffe

On Tuesday 28th September I went on a Gloucester canal trip with Echo.

It was very good. There were red life jackets to wear on the boat.

I had a go driving the boat. I would like to go back again another year.



Advertisement



Our Creative Learning courses provide individuals with the opportunity to take part in meaningful and fun daytime activities.

As well as trying something new, you can develop useful life skills which could lead to work experience, volunteering and employment.

What activities can I do?

Morning Club	Sewing and craft
Clay	Gardening
Media/ Computer skills	Numeracy and Literacy
Cooking	Woodwork
Healthy Living	Bush craft
Animal and Rural Skills	Arts and Crafts



For more information about any of our activities please contact Lisa Park:



Email: lisa.park@walsingham.com



Phone: 01531 671080

Salters Hill – By Lisa Perkins



We met Lisa at Salters Hill, who have been part of Walsingham Support since April 2018. Lisa is the manager of the Creative Learning Program, which has different courses on different days through the week.

80 people use the centre every week and there are 10 staff called facilitators.

Lisa showed us around and first we saw the Outdoor Activity Area. There was a pizza oven and somewhere to sit. There was an apple Orchard and animals in the field. The Activity Area was payed for by the Co-op.

Next, we saw an outdoor gym. The clients chose four pieces of equipment. This was next to the garden project. They were growing plants and vegetables and they had four chickens and two cockerels.

A new project is a vintage pop up café they were trying out in July and August to serve tea and coffee and cakes.

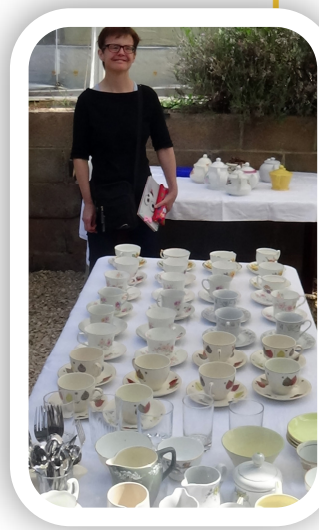
We went inside the workshop. There was a woodwork area where they make things like furniture, kennels, birds boxes, all made from recycled wood. On the other side there was a pottery area. Lisa said they did a different project every week, making things from the clay.

Then we went to the kitchen area where people learn cooking skills. One activity is called Catering Club. Four people cook together making a main course and a pudding which they eat together.

We saw some of the classrooms where people learn and we popped in to see some clients practice maths and English.

I liked Salters Hill because the staff were helpful and there were lots of different things to do.

I also liked the pretty view from the centre. The clients were very happy there and I would recommend Salters Hill to anyone who wants to do some Learning.



£10 prize. Send in with your name, address, and email or phone number.

Deadline 17th November. One entry per person please!

Prize donated by Ms Brettina Meadows. Thank You!

Puzzle Corner colouring competition

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Choreography Course — By Tracy Roberts

At NODA (National Operatic Dramatic Association), this year I did a choreography course with Lynne Bustard.

I was told the best way to put a dance together is to listen to the music lots of times. We did some of dancing and lots of different styles of dance.

There was one day we didn't have a room, so Lynne decided we would create a dance in unusual places. We did a dance to "Born to hand jive" and the group made a film which I edited.

We also put a dance to the tempest from cirque du soleil. We took part in the presentation and we did a routine to "All That Jazz" from Chicago. I really enjoyed this course and I learned lots.

A trip into the Welsh Borders - By Laura Joliffe

I went on a trip to three very different places.

Erwood Craft centre

The craft centre is in a railway carriage. It was nice but some of it was a very high price. Nice to browse. The staff were lovely and friendly.

Lakes side Llandello

There was a dragon sculpture in the lake.

There were ducks and swans and moorhens all gathering to eat seeds that you could buy to throw to them.

I threw my sandwich crusts and 2 ducks snapped them up!

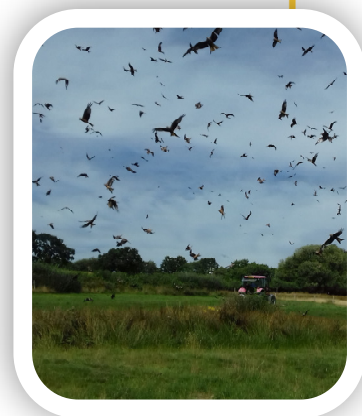
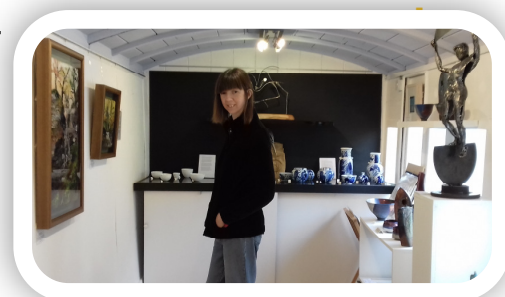
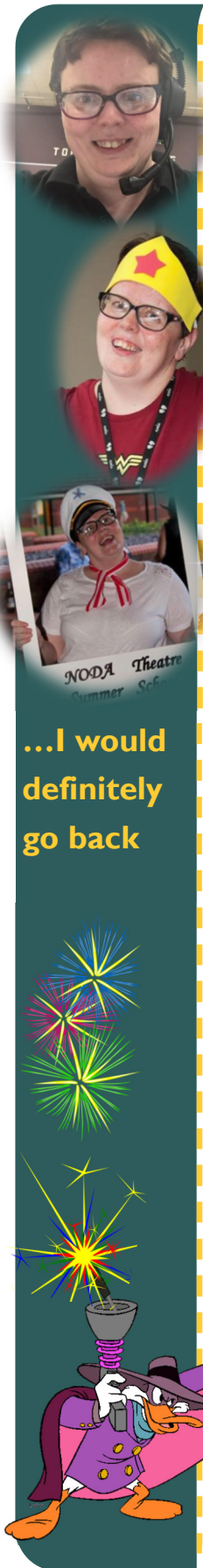
We had a hot drink in the café and looked around the souvenir shop.

Gigrin farm Red Kite Centre

It cost £7 to go in and I would definitely go back again. That is something I would do!

Have you heard the one about...?

1. what do you call a duck who likes fireworks? A fire Quacker
- 2 A battery and a fire work were arrested. one was charred, the other let off.
3. At what time do most people go to the dentist? At tooth-hurty.



Ludlow Castle — By Laura and Adrian

It was nice to go in Ludlow Castle. We were going to go down in the dungeons but then changed our minds because it was much too dark and we were sure we heard voices coming from down there. Going up the spiral staircase was good going up, although it was very uneven and also difficult and scary. But when we reached the top of the castle there were lots of good views. There was lots of history there.



It took about an hour to go round the castle, but it was good and interesting. People with a learning disability can go in the castle free with a support worker with them paying. Laura and I went on our own and had a concession £5 each.

Going around the market was also good because there was lots of stuff like old books, loads of jewellery and clothes. They even had cakes for dogs there, which was made from liver! There was lovely fudge from Wales that we sampled, and lots of mugs.

Ludlow is a good place to go to shop. We had cups of tea/coffee in a café called the Butter Fly, which was a very friendly and welcoming place.



Hereford Archive Centre — By Adrian Phipps

The Herefordshire Archive Service in Fir Tree Lane, Rotherwas, is a place where people can go if they want to find out information about places in Hereford, and about your own family from a long time ago.

I had been living in Hinton Court, Hereford, most of my life, so I looked to see if there was any information about Hinton, and I found that there had been a place called Manor of Hinton way back in 1685, which had been sold for £9.15 shillings and sixpence. There were also slum clearances in Hinton from 1934 – 79.

I also found out that St. Martins Church an 1885 map is called St. Martins in the fields.

Altogether The Archive Service holds in the region of 7,800 collections dating back to the 12th century on shelves adding up to 2 miles in length!



Learning Disability Partnership Board September 2018 — By Paul Choppen

The Learning Disability Partnership Board met to talk about the Learning Disability Strategy. The 4 priorities are in the picture. The Learning Disability Partnership board want to make sure that everybody plays their part to make the Learning Disability Strategy work.

The Learning Disability Partnership Board looked at the actions and what needs to be done to make things better.

Sharon Mayglothling from St Michael's Hospice came to talk to the Board.

The project helps people to be prepared and have a back-up plan in place when things go wrong with their health.



Our News Our Views

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**Created and run by adults with a
learning disability.**

"Our News Our Views" is a
pioneering initiative run by adults
with a learning disability who have
pooled their personal budgets to set
up an accessible newsletter for the
Learning Disability Community of
Herefordshire. We were four years
old in June 2018!

**The deadline for articles and
adverts for the December/January
edition is November 7th.**
(The editors reserve the right to
edit all copy.)

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